

Rotary



Club of Medford Rogue

October 13th Communicator

Medford Rogue Rotary: Chartered April 20, 1977
President Larry Hildebrandt
Past President Host: Claudette Moore
Bulletin Editor: Debbie Graunke: dmchargue@hotmail.com

NO MEETING OCTOBER 13

Location: Rogue Valley Country Club at 2660 Hillcrest Rd. - ballroom on upstairs level
Time: 12:10 pm

OR

Zoom for those Rotarians who are unable to make the meeting the zoom link will open at 12:00

Zoom meeting link: [Click Here For Meeting](#) Link

Involved Rotarians

Inspirational Moment: Linda Brown
Sergeant at Arms: David Wilkerson
Greeters: Paul Christy
Attendance: Steve Dickson
Technology: John VanSickle

In Person Meeting RSVP Instructions

Lunch reservations are no longer required for attending in person meetings at the country club ♦ just come.

This Week's Speaker: No Meeting October 13th

Topic:

Last Week's meeting recap:

Speaker: Lisa Molnar, executive director of Ashland YMCA and the project manager for YMCA Camp DeBoer

Topic: Lisa Molnar, executive director of Ashland YMCA and the project manager for YMCA Camp DeBoer at Lake of the Woods, told us how the former Low Echo Girl Scout camp evolved into a beautifully renovated YMCA camp. The Girl Scouts opened the camp in 1946 and closed it in 2012, putting the site up for sale. Sid and Karen DeBoer, through their foundation, came to the rescue of the camp, purchasing the site and donating \$11 million for the much-needed improvements. The site was donated to the YMCA in 2014 and construction began in 2018 after several years of getting approvals from various government entities. The new camp opened in 2021 following the \$13.5 million renovation. The camp is true to its forest setting, with wood dominating the striking design (donated by ORW) and construction. The site has 14 large cabins with toilets and sinks, two shower houses, a state-of-the-art kitchen, dining hall, two lounges, an amphitheater and covered pavilion, docks on the lake and various sports courts. In addition to Y campers, the site can be used for retreats, conferences, school groups and private gatherings. The camp accommodated 120 campers in each of two summer sessions this summer. Lisa said the primary goal of the everyone involved is to create a ♦magical experience♦ for young campers and to give them the kind of camp experience that is often not readily available. For more information on Camp DeBoer and its upcoming schedule, see ashlandymca.org. Registration information for 2022 camps is expected to be available around the first of the year.

October 20th NO Meeting

October 27th

Speaker: Dan Hilderbrandt, Delta Airlines Pilot

Topic: TBD

Meeting schedules can be found on our new website. Click here for [Meeting Info](#)

New Member Applicants and Sponsor Responsibilities:

The Membership Committee has revised the mentor program for new members. Instead of the committee assigning a mentor, the new member's sponsor will now be responsible for that role. Sponsor/mentor responsibilities will include assisting the new member with finding the right fit for two committee assignments, accompanying the new member to a fellowship event, and also sitting with the new member at two or more of our regular meetings in order to introduce them to fellow Rotarians. We hope that these changes will help to quickly integrate the new member to our club.

President's Message:

At the October 27th meeting, we will be inducting new members. Please give them a warm welcome and help them become engaged members.

Keep up your good work in nominating new members. Our strategic plan recommends that we focus on diversity of ages and occupations. Let's do it!

Yes, Jan and I are adjusting to our Florida snowbird status, but we can't wait to come back next spring.

And thank you for keeping our club so vibrant.

Board of Directors News: Board of Directors meetings are held the 3rd Tuesday of each month at 4:30 via zoom. If you have an agenda items please contact President Larry. The meetings are open to all club members contact Debbie for the meeting link

Health Topic :Okay, you got your Covid 19 vaccine and booster. What other vaccines should an adult consider? Here is a partial list of suggested vaccines for adults. A complete list of vaccines by age, medical condition and other indications is available at www.cdc.gov/vaccines. Most vaccines are available at your doctor's office, local pharmacies, and the Jackson County Immunization Clinic. DPT (Diphtheria, Pertussis, Tetanus) Vaccine: This vaccine should be administered every ten years. Shigerix, a recombinant Zoster Vaccine: Shingles vaccination is the only way to protect against shingles and Post Herpetic Neuralgia (PHN, i.e., pain along the course of a nerve), the most common complication from shingles. Shingles results from reactivation of latent chickenpox virus in your body. Influenza Vaccine (injectable or nasal spray): This vaccine is formulated to protect against the most likely circulating flu variants circulating each season. Suggested administration time is usually around October of each year. Pneumococcal Vaccine: This vaccine provides protection from pneumococcal pneumonia, an infectious, potentially serious bacterial lung disease you can catch anytime, anywhere. In severe cases, it can put you in the hospital and even be life-threatening. The vaccine is recommended for those 65 years or older. Two vaccines are available with PCV13 given first and followed a year later by PPSV23. Travelers' Vaccines: See the CDC website for the recommended vaccines for each country visited. By: Gary Newland, Health Committee Source: CDC
